



LASERS PRE-CARE POLICIES

Please read these instructions in full to ensure you are not missing important information. Following pre-care will not only reduce the chances of complications and speed healing time, but will also product better results.



- Do not come on an empty stomach. Please arrive ready for treatment (clean face, no makeup, hair secured away from the face).



- BBL is unable to be performed on tanned skin. If you arrive to your appointment with a tan, we will need to reschedule. Tanned skin is not a contraindication for Moxi, but having sensitive or sunburned skin would still force us to reschedule, so please be sure to avoid direct sunlight prior to your appointment.
- Sunlight will need to be avoided before and after treatment. Please avoid scheduling a laser appointment around any trips or events where sun cannot be avoided.
- There are many medications that may cause increased sensitivity to sunlight. Since laser treatment involves the use of light frequencies have a similar effect, these medications may increase your risk of adverse effects in treatment. If you are taking any medications, please consult with the medical provider(s) who prescribed your medication(s) for clearance prior to receiving laser or phototherapy treatments. For a list of some of the more common sun-sensitizing medications, please [click here](#). This list is not intended to be a complete list of all sun-sensitizing medications.



**Before
appointment**

- Avoid extended sun exposure, i.e. beach, travel to sunny locations, outdoor sports, and sunbathing.
- Avoid the use of tanning beds, self-tanners, and spray tans.
- For incidental sun exposure, please be sure to use sunscreen daily leading up to your appointment.
- Please let us know if any medical provide has ordered Accutane for you in the past 6 months.
- Please let us know if you have any medical conditions or are taking any medications that might sensitize you to light, affect wound healing, or affect coagulation.
- Only use gentle cleansers and keep your skin moisturized for the two weeks prior to your appointment. Avoid using any skin care products or creams that may make your skin irritated or sensitive at the time of your treatment.
- Let us know if you have a history of cold sores so we can determine if you require prophylactic treatment prior to your appointment.